



# VIRTUAL CARE

Quality Care Whenever,  
Wherever You Need It



## VIRTUAL MEDICAL CARE

**\$25 CO-PAY**

Board-certified doctors and pediatricians can diagnose, treat, and prescribe most medications for minor medical conditions, such as:

Acne › Allergies › Asthma › Bronchitis › Cold and flu › Constipation › Diarrhea › Earaches › Fever › Headaches › Infections › Insect bites › Joint aches › Nausea › Pink eye › Rashes › Respiratory infections › Shingles › Sinus infections › Skin infections › Sore throats › Urinary tract infections



## VIRTUAL BEHAVIORAL CARE (MENTAL HEALTH)




**\$25 CO-PAY**

Licensed counselors and psychiatrists can diagnose, treat and prescribe most medications for nonemergency behavioral health conditions, such as:

Addictions › Bipolar disorders › Child/Adolescent issues › Depression › Eating disorders › Grief/Loss › Life changes › Men's issues › Panic disorders › Parenting issue



## CONNECT WITH VIRTUAL CARE YOUR WAY

-  Available 24/7, Weekends and Holidays 10 mins or less
-  Can access through phone or iPad/tablet
-  Have a prescription sent directly to your local pharmacy, if appropriate.

## OPTIONS ON HOW TO CONNECT WITH AN IN-NETWORK PROVIDER:

-  Talk to an MDLIVE medical provider on demand on [myCigna.com](https://myCigna.com)
-  Schedule an appointment with an MDLIVE provider or licensed therapist on myCigna.com
-  Or Call MDLIVE 24/7 at 888.726.3171